

“What are you looking for?” Jesus asks the crowd in today’s gospel. Are you looking for me, or what I can do?

Evidently the crowd had been filled by the seven loaves and two fish that we heard about in last week’s gospel.

The crowd also knew the story of their ancestors who grumbled to Moses about their hunger, and how God fed them manna in the desert.

“Is this what you want” Jesus asks?

Or do you want me in your life, with you - in the good times,
nourishing your body, mind and spirit,
with you in the most difficult times,
supporting you, present to you, carrying you...
a presence beyond knowing, a presence through family, friends, church
community and even strangers....

Jesus is the Bread of Life, we hear today, that feeds all our deepest hungers – and in our receiving, in our fullness, we are sent to feed one another...for we are what eat, the Bread of Christ’s life.

Today spend some time imagining Jesus asking you: “What are you looking for?” Allow the answer to come from your heart...for it is in the seeking, the questioning and in the listening that we come to embrace Jesus as the Bread of Life – Jesus already given to us.