

Today's readings offer us some insight and wisdom into those times in our lives when we murmur... You know those times when you think you KNOW something and you can't seem to see through to reality.... It could be because we are murmuring amongst ourselves.

We see this clearly in today's gospel. It is always easier to see it in someone else's life. The people around Jesus are murmuring because Jesus claims to be the Bread of Heaven. How can this be, the people murmur, we *know* Jesus. We know his parents. We watched him grow up. How can he make this claim to be the Bread from Heaven?

Jesus' claim is difficult for them to understand – because they think they know. In their murmuring they miss something new. They miss a gift that is beyond their wildest imagination: the gift of life eternal.

What about us today? What are you murmuring about?

How does your murmuring prevent you from understanding God's living presence in your everyday life?

Let us pray that when we find ourselves murmuring we may stop and listen –listen with an open heart - to a God who offers us unimaginable food for the journey – unto life everlasting!