

Today is the third Sunday in our Lenten journey.

In today's first reading from the book of Exodus, we hear of the experience of God and Moses. It is the story of a man in a field, attentive to his job of tending a flock when he has a surprise encounter with God, an encounter that changes his life forever. Moses is called to a new possibility.

For God reveals God's very self to Moses as the God who hears the cries of the anguished and grieves for the afflicted; a God who desires to come to the aid of the suffering - through Moses.

We believe that God is always with us and reveals God's very self to us in the midst of what it is we are doing, whether we are at work, or driving, or praying.

Recall a time when you experienced God's presence as a merciful and forgiving God in a real way, knowing God's tender embrace.

Or a time you were able to reach out to someone in their distress, and they were comforted.

How are you being called today to new possibilities of being God's forgiving and merciful presence?

Let us pray with and for one another that we may know our call to be a people of compassion and hope to those who are suffering and afflicted.